

HOW TO STAY MOTIVATED SO YOU CAN ACHIEVE YOUR GOALS?

A goal is achieved naturally and necessarily over time. An athlete who doesn't train cannot win a competition. It's exactly the same in our daily lives.

It's all about organization...

Rome wasn't built in a day, and before any monument was put on the map, building foundations was the first step. It was about getting organized...thinking in terms of efficiency, hygiene, space planning, convenience etc.

Well, when it comes to your goals, it's the same thing. You won't reach them by snapping your fingers. It takes time, energy and effort and it starts with completing scheduled tasks each and everyday.

TOPICS COVERED

1. Setting Achievable Goals: What's The Secret Of Success?
2. Developing Specific Indicators
3. Creating An Action Plan
4. Prioritizing Objectives To Facilitate The Implementation Of The Sales Strategy
5. Rewarding Yourself With Each Success, Because Pleasure Always Helps Reinforce Motivation
6. Cultivating A Positive Attitude To Work Objectively
7. Engaging In Everything That Needs To Be Done
8. Difference Between A GOAL And A GOAL
9. How To Motivate Yourself To Go Further

DURATION

1 day

As experts in training and coaching, Propulse formation's mission is to assist you in developing and perfecting your interpersonal and strategic skills in the areas of business development and sales.

Whether you're looking for effective negotiation tools, proven productivity and time management strategies, communication techniques to detect your buyer's style, or how to run effective meetings, our courses will lead you to take action and propel you to YOUR results!

From analyzing your challenges to offering personalized learning solutions, Propulse Formation offers a complete range of courses, focusing on developing your skills, transferring knowledge and putting it all into practice.

What sets us apart:

- The exceptional value of our courses and workshops
- The incomparable quality of our training content
- The expertise and experience of our team of trainers / coaches
- The excellence of the customer experience we provide.

Our ambition is to be recognized as the leading experts in interpersonal and sales skills and serving our clients across Canada.

APPROVED BY **EMPLOI-QUÉBEC** - GRANTS UP TO 50%

More information at www.propulseformation.com
1176 Rue Bishop, Montréal, QC H3G 2E3
514-248-7039

Propulse
formation ✓